



Combo Carb Meal Menu

Middle School 2024-2025

DAY	MENU OPTIONS
Monday:	Hamburger 32 French Fries 30 Fresh Veggies 3 Fruit Variety Milk ½ Cup of Fruit
Tuesday:	Personal Round Pizza 32 Corn 17 Vegetable Tidbits 5.4 Variety Milk ½ Cup of Fruit
Wednesday:	Chicken Tenders* 16 w/ Breadstick 15 Baked Beans 47 Fresh Veggies 3 Variety Milk ½ Cup of Fruit
Thursday:	Personal Round Pizza 32 Green Beans 6 Vegetable Tidbits 5.4 Variety Milk ½ Cup of Fruit
Friday:	Chicken Sandwich 47 Sweet Potato Fries 22 Burger Salad 7.5 Variety Milk ½ Cup of Fruit

contain poultry products

♦Daily Menu Subject to Change

*Item may

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape,

09/06/24

American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **Mail:** U.S. Department of Agriculture,
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue SW
Washington, D.C. 20250-9410; or
2. **Fax:** (833) 256-1665 or (202) 690-7442; or
3. **Email:** program.intake@usda.gov

This institution is an equal opportunity provider. 2022